Dr Eliza Filby is a writer, speaker and consultant who specialises in ‘Generational Intelligence’ helping companies, governments and services understand generational shifts within politics, society and the workplace.

Eliza has worked with a variety of organizations from VICE media to Warner Brothers, from the UK's Ministry of Defence to the Royal Household, with banks such as HSBC, Barclays, BYMellon in Canada and Macquarie in Australia. She has spoken at the EU’s Human Rights Forum on teenagers and technology; the *Financial Times*CEO forum on the future of work and to the UK’s House of Lord’s Select Committee on intergenerational unfairness. She currently sits on the Board of the Mission Group plc. as Non-Executive Director.

In 2022 she was awarded the Europa Forum’s 2022 Millennial Leaders Award. Eliza is the author of *Fuelling Gender Diversity: Unlocking the Next Generation Workplace* and *Mind the Gap: Managing a Multi-Generational Workforce in the Post Pandemic Age* and hosts her own podcast, It’s All Relative, on the generation gap. It is available on Spotify and Apple.

Eliza received her PhD from the University of Warwick and subsequently taught at King’s College, London and the University of Renmin in China. Her writing has been published in *The Times, Guardian*andthe *Financial Times.*

Her writing can be found on her website [www.elizafilby.com](http://www.elizafilby.com) and you find out more @drelizafilby on Instagram, LinkedIn, TikTok and Twitter.